

## ZiZ Inspire Travel Packages & Itineraries

### Performance Bike Track Days Thailand



### Overview

Bike Track Days in Thailand, the tropical climate, all year round riding, an internationally accredited race track and if that wasn't enough Pattaya nightlife and all that it involves!

Dip your toe in on a half day track experience but for most that will be too rushed and too short. Better to opt for a full track day or go the whole hog and book the 3-day Thailand Track Day Experience! No matter which you choose, everything is catered for including bike rental, unlimited track time and as much or as little instruction as you require.

On Bike Track Days in Thailand there is an open pit lane for 8 consecutive hours at the track. Each Track Day event hosts no more than 10 riders. The track is 2.4km long, its technical and has hosted National Super Stock, Superbike and World Superbike who have all described it with one word: "Fun!"

### Performance Bikes

The bikes are track prepared Suzuki GSXR-750's. Why not the GSX-1000 we hear you cry! The fact is that the Suzuki GSXR-750 is the perfect track day all-rounder. It is relatively forgiving and after a few laps most riders have entered their comfort zone.

The Suzuki GSXR-750 has excellent steering and combined with Ohlin suspension and the flat torque curve riders can easily hold the line and control power output. This combo makes the Suzuki ideal for people with little or no track day experience where the constant power delivery throughout the rev range makes for a thrilling but forgiving ride. For the more experienced and in the right hands, there is more than enough grunt between your legs to achieve the ultimate adrenalin rush on the Suzuki GSXR-750!



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Each race prepared bike has after-market parts including upgraded brakes, 520 chain conversion, race suspension set up, race can, track rubber and most have Ohlins shocks and springs. The result is a performance bike that you can get on and ride, rather than a bike that needs 3-days just to get used to it.

### Get Your Knee Down!

Getting your knee down; the track day holy grail. As your knee slider contacts with the tarmac for the first time the adrenalin rush is beyond words. You can hear it, you can feel it and you have finally achieved it.

For many riders who attend Track Days in Thailand, getting their knee down has so far eluded them. With instruction this holy grail is achieved on either the first or second day in almost all cases.

### The Track

"Turn 1 is a tricky left-hander. You brake downhill after a blind crest and head for the outside of the track, banging down three gears to 2nd. You want to apex late and blast up the hill towards the hairpin holding the same cog. No problem here, it's a 180° right with good visibility, watch the bumps on the apex though. Fire down the hill catching third briefly, then short shift into fourth before braking for the first part of the fast triple-apex right hander, which is downhill and off camber.

Run right out to the edge of the track on neutral throttle setting yourself up for the second apex, as soon as you've cleared it, hold the sucker open and scream past third rising back up the hill. Careful though, the bikes pretty much at full lean through here.

As you nudge the limiter get on the brakes and knock it down into third for the first chicane, it's pretty simple but the exit needs respect.

Then it's back down the hill and into second for the next chicane, you can run in much faster than you think and use the curbs on the exit.

Next is the slowest corner on the track, a 90° right. Use all of the rack on the exit, and short shift into third for the last corner on to the pit straight. Be careful of the clutch cover on the high kerbs on the inside, but hold it open and feel the rear tyre shuffle. TOP FUN!!" Steve Chidley of Fast Bikes Magazine May '05

### Bike Training & Instruction

Vision > Line Selection > Throttle Control > Gear Shifting > Braking > Body

Positioning Riding a performance bike fast and riding it well comes down to cornering; how you approach the corner, how you enter it and how you exit from it. During your Thailand Bike Track Days the instruction is almost entirely focused on improving your cornering technique. Time invested here does pay dividends.

Bike cornering technique is broken up into 6 sections which are systematically addressed first in the paddock and then during laps on the track and finally back in the paddock for debrief.

This teaching formula is used for all levels of experience and for all rider objectives. Most riders are hell bent on getting their knee down whilst the school also receives many experienced track riders who come to tweak their performance. It's a tried and tested formula that always gets results.



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### Safety

Safety is taken seriously during Bike Track Days in Thailand but not at the expense of a little bit of fun. You won't be summoned for a wrist slapping if you pull the occasional wheelie but intimidating, dangerous and reckless driving is not tolerated.

Over confidence and other rider involvement are by far the two main causes of track day crashes both of which are addressed. There are maximum ten riders per event who are given unlimited track time on a 2.4km circuit. This formula means that every rider is given more than enough time and space to improve their riding skills at their own pace.

Protective riding gear including full face helmet, gloves, one- or two-piece leather riding suit and boots is mandatory and the school strongly recommends that riders also wear back protectors. Gear can be borrowed or hired at the track but there is no guarantee that you will get a perfect fit. Bringing your own protective gear is a much better solution.

During each track day Flag Marshalls warn riders of upcoming obstructions or hazards on the track and each Flag Marshall has radio contact to the pits. If a serious accident should happen, a First Aid team is present at the track at each event along with comprehensive medical equipment. Ambulance Services are on call to provide swift qualified medical assistance where and when necessary and Pattaya has international standard hospitals which are just 10 minutes away by road.

That you have obtained Travel Insurance that covers "extreme" activities such as track days before you arrive in Thailand for the track day event is a condition of booking.

### Location

The Track is located on the eastern seaboard of Thailand and is the only F1A certified track in Thailand. At 2.41km it is a technical track that will test all skill levels and includes a fast downhill straight, double apex corner and multiple chicanes.

### Pattaya

For the Half Day and One Day Performance Bike Track Experience the Track is easily accessible from Bangkok although the commute would make for a long day!

Far better to stay in Pattaya as the track is only just down the road from there, it is more relaxed and combined with the legendary nightlife the adrenalin rush will continue well beyond your track experience into the wee small hours of the night!

Pattaya has all the ingredients to please absolutely anyone; a tropical climate, beaches, excellent restaurants, a bar scene that traverses the scale from out-and-out hedonism to refined wine bars, shopping, attractions, a huge range of hotels to suit all budgets and an inexhaustible list of recreational activities beyond track days from extreme air sports to terra-firma and out yonder into the depths of the big blue. Combine this with Thailand's low cost of living and fun is guaranteed!

If you are into performance bikes, track days and all the pleasures in life then prepare for a treat because that is exactly what you will get.



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## Performance Bike Track Days Thailand

### *Itinerary*

#### **Standard Complete Package**

A 3-Day package for which you simply have to arrive with your leathers and helmet. The Standard Package includes performance bike rental for 3-days, unlimited track time, accommodation in Pattaya, transfers, bike crash insurance, fuel and tires, one-to-one instruction, photos, a race shirt and breakfast, lunch and soft drinks. If you can't bring leathers and a helmet you could borrow them but with no guarantee that they are going to have your size.

The standard Complete Package gives you all the bike track day entertainment that you could wish for leaving only evening entertainment as an additional expense. Everything else is covered.

#### **Three Day Basic Package**

The standard package arguably gives you more flexibility with 3-days of track days on offer leaving you to choose the accommodation in Pattaya that you prefer and ZiZ Inspire can send you a shortlist of options complete with a best rates guarantee based on your preferences. Other than that you get all the benefits of the Standard Complete 3-Day Bike Track Experience; Bike rental, Transfers to and from your Pattaya Hotel, Bike Crash Insurance, Fuel and Tyres, One-to-one Instruction, Photos, Lunch and Soft Drinks.

#### **One Day Sampler**

The 1-Day Sampler Thailand Bike Track Day is designed for those who simply want a taste or possibly for those who find the prospect of a 3-day track experience a little daunting. What you get is bike rental, unlimited track time, transfers to and from your Pattaya hotel, fuel and tyres, one-to-one instruction, lunch and soft drinks.

#### **Half Day Morning Package**

If you have already booked a Thailand Holiday and are looking to add spice in the form of an adrenalin rush then the half day session might be for you. Bear in mind that time is limited but you do get "unlimited" track time! Bike rental, transfers from Pattaya Hotels, Fuel and Tyres and one-to-one instruction is included.

The half day morning package is available throughout the year but dependant on track availability. It is also compulsory that you spend the first session riding behind an instructor who will judge your ability to ride solo. Helmets and Leathers can be hired but fit is not guaranteed.

Find out more about Performance Bike Track Days at <http://www.zizinspire.com>

**Get in touch with us at ZiZ Inspire to book Performance Bike Track Days Experiences :**

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